

Leading X: San Juan Islands

Sea Kayaking Expedition

September 16-22, 2018

Applications Due August 16, 2018



EXPERIENCE

Join GutMonkey for Leading X, brought to you by Octapharma! Leading X: San Juan Islands is a weeklong backcountry adventure that takes place from the cockpit of a tandem sea kayak. This is your chance to be part of a select group of adults from the bleeding disorder community that will not only learn the fundamentals of kayaking, navigation, and camping; but also gain leadership skills, develop personal responsibility, and form community bonds that will serve you for years to come. Participants will break camp daily, carry everything they need in their kayaks, travel by sea to each destination, and camp in tents alongside the water. As a participant, you should be prepared to challenge yourself physically, emotionally, and mentally from the demands of kayaking and living out-of-doors for a week. Although no previous experience kayaking or camping is needed, a willingness to learn and an enthusiasm for adventure is highly recommended. So why apply to go on this trip? To become immersed in nature with a group of your peers. To explore the majestic landscape of the San Juan Islands, where whale and wildlife sighting are common. To enjoy fishing, hiking, fun challenges, sitting by campfires, and some of the most satisfying work you'll do this year. This is the kind of trip that you'll never forget.

LEADERSHIP

The staff from GutMonkey will be directing this expedition in collaboration with Breakwater

Expeditions, a team of highly-skilled outdoor professionals with years of experience in developing and leading adventure programs and expeditions for young adults, teens and families.



Chris Bombardier, Lead Facilitator, found the magical world of outdoor experiences after completing his degree in Biology at Doane College. After working in the hemophilia research laboratory in his hometown of Denver, Colorado, Chris decided to pursue his dream of being outside and climbing the Seven Summits, the highest mountain on each continent. To make this dream a little more interesting, Chris also happens to live with the chronic medical condition hemophilia. He recently completed this feat in January of 2018.



Joe Torrey, Program Facilitator and Content Manager, believes good learning begins with intentional design and a playful approach. With a degree in Outdoor Education and years of professional experience in team building, summer camp, and environmental education programs, Joe crafts and implements experiences to facilitate positive change in communities, teams, individuals, and mindsets. You may also see him capturing content to empower folks to share their stories and help them find their next chapter.



Todd Mckibben, Lead guide and operations director of Breakwater Expedition, is passionate for the outdoors, environmental awareness, and service learning. For more than 15 years Todd has worked within the outdoor industry creating positive and impactful wilderness experiences for adolescents, and families.

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DESTINATION

Nestled between the three great cities of Seattle, Vancouver, and Victoria, British Columbia are the San Juan Islands. Encompassed by the waterways of the Puget Sound, Strait of Juan de Fuca, and Rosario Strait these Islands are often referred to as the "Rain Shadow" of the Olympic Mountains offering an average of 247 days of sunshine annually. With over 200 rocky, forested islands to explore this has become a world renowned kayaking destination. These pristine waters are host to over eighty-five resident orca whales. Other treasured wildlife sightings may include minke whales, harbor and Dall's porpoises, seals, river otter, and a variety of birdlife varying from auklets to herons. This region also boasts the second largest bald eagle breeding population in the continental United States. The temperate climate, marine wildlife, and dynamic shoreline make the San Juan's a paddler's dream.

ITINERARY

September 16: Arrive in Seattle

- Transfer on your own to the hotel
- Stay the night and intro to program

September 17-21: San Juan Islands

- Travel to Anacortes and catch a ferry to the islands
- Sea Kayaking Expedition around the San Juan Islands
- Itinerary will be dependent on weather and tides.
- We will move camp each day, with a possible layover day
- Fishing, crabbing, kayaking, hiking, and more...

September 22: Departure Home

- AM departure for the ferry
- Return to Anacortes by 10 am
- Arrive in Seattle to fly out in the afternoon



FAQS

Dates: September 16-22, 2018

Trip Cost Per Person: This Leading-X program is fully funded by Octapharma.

Participants are responsible for their own travel accommodations to and from Seattle, WA

Limited Space: This highly desirable trip can only accommodate 10 participants.

Interested individuals should apply immediately! When the trip is full, we will not be able to accept additional participants but we will create a waiting list and notify of any future trips..

Trip Includes: Lodging, expedition food, guide service expenses, tents, sleeping bags, gear starting on the evening of September 16th.

Participants: Adults 18 years of age and over affected with hemophilia A

Guides: Qualified guides will provide a safe, fun, and meaningful adventure.

Climate: Temperatures in September (55 - 75 degrees)

Tents: We sleep in 2-3 person high quality tents.

Sea Kayaks: We paddle sturdy expedition double, triple, and single Sea Kayaks.

Clothing: A guide will go over the clothing that you bring and supply you additional items, if appropriate.

Gear: We will provide sleeping bags and all necessary camping and paddling gear for participants.

Cuisine: Healthy fresh food, vegetables, fruits, nuts, grains and meats. We accommodate dietary needs. This is seriously good backcountry food, folks!



REGISTRATION

Visit www.gutmonkey.com/leadingx/ and follow the links to the CampDocs registration

- Once you fill out your initial application a member of the GutMonkey team will be in contact with you
- A medical screening call with the trip nurse must be completed as well as check-in's with Breakwater about gear needs and food restrictions
- You will not have a confirmed spot on the trip until you have travel to and from Seattle booked

For more information please contact:

GutMonkey at info@gutmonkey.com or 503-765-7557

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