## ALL MY FRIENDS WHO

## Materials

- 1 'spot' per person (optional). A spot is a durable physical placeholder for a place on the ground. They can be made of paper plates, carpet squares, or even recycled yoga mats.


## Population

All ages
Works best with large groups

## Environment

An even space free from obstacle where the entire group can form one contiguous circle.

## Time

15-20 minutes

Desired Learned Outcomes What we hope participants get out of the activity

- Ice breaker
- Getting to know names
- Getting to know one another by sharing personal information
- Getting to celebrate commonalities that you have with others
- Practicing celebrating other's differences as you learn about them
- Inspire others and gain inspiration from others about bucket list items that you'd like to experience in your life (bucket list version).


## Objective What the participants are trying to accomplish

- Sharing interests and/or giving high fives if you have something in common with other group members.


## Preparation Setup materials and environment

1. Invite the group to form a circle with no front rows or back rows where everyone can see everyone else.
2. Set any appropriate risk mitigation rules for the space. If using an indoor space, perhaps you want participants to walk rather than run.

## Experience Instructions, cues, and gameplay

- As the facilitator, stand in the middle of the circle and slowly move while explaining the instructions so that you are addressing every part of the circle.
- Tell the group that you will share something that is true for you (this can be about a food you like, a sport you play, or any other camp appropriate interest). Try to make this share-out about something that is not immediately apparent. Use this format to share: "I want a high from all my friends who..."
- If that thing is true for you as well, as someone standing in the circle, your job will be to enter the circle and give/get high 5s from everyone else with that commonality.
- Find a new spot in the circle after this celebration.
- There will then be an open space in the center of the circle to be filled by a new person, different from the last person to share-out.
- Staff can jump into the center to share more broad commonalities to ensure that every participant has an opportunity to celebrate in the center.
- Instruct the group to share the center to make sure everyone who wants to, has a chance to share.
- Thanks to Karl Ronke for this activity.


## Variations Adaptations and different approaches

1. Bucket List Version:
a. Rather than sharing an interest, the person in the center shares a large goal that they would like to achieve in their lives.
b. These goals may be more specific. If no one else shares the exact goal, everyone can cheer from their spot in the circle

## Debrief Questions to give deeper meaning

- What was one of your favorite bucket list items to hear?
- Did anyone realize that they have something on their bucket list that they didn't even realize before today? How does that feel?
- Were there any bucket list items that were harder for you to share than others? Why do think they were harder to share?
- What does it mean for us right here if there are other people that want to do the same bucket list item as you?
- Does anyone have a bucket list item right now that they're thinking about and just really excited about and want to share before we move on?

